

# GARCHEN RINPOCHE and TARA RETREAT

LITTLE SAIGON, CALIFORNIA

MARCH 24-26, 2011



*This is a rare and precious opportunity for Viet Nalanda Foundation and the Vietnamese Buddhist sangha to host **Garchen Rinpoche** for a three-day program in the heart of Little Saigon, California. No registration fee is required! The complete program will be translated into ENGLISH and VIETNAMESE.*

*For Garchen Rinpoche's biography, please visit [www.garchen.net](http://www.garchen.net)*

## Thursday March 24

**3 - 5 p.m. - Private audience** (priority will be given to Vietnamese Buddhist members)

**7 - 9 p.m. - Teaching on Lord Jigten Sumgon's Prayers to 7 Taras**  
(which includes prayers on nature of the mind, emptiness, non-duality, karma, etc...)  
and "**How to connect with Tara or Deities in our daily life.**"

## Friday March 25

**10 a.m. - 12 p.m. - Private audience** (priority will be given to Vietnamese Buddhist members)

**2 - 3 p.m. - Refuge Ceremony**

**3 - 5 p.m. - Q & A session**

**7 - 9 p.m. Teaching (cont'd) on Lord Jigten Sumgon's Prayers to 7 Taras**  
and "**How to connect with Tara or Deities in our daily life.**"

## Saturday March 26

**8 - 9 a.m. - Rinpoche's self empowerment** (everyone is welcome to be there but must be in quiet mode!)

**9 a.m. - 12 p.m. - Tara empowerment & Tara practice**

**2 - 5 p.m. - White Tara practice** (sadhana composed by the previous 7th Garchen Rinpoche)  
with **Zambhala prayers and kata offerings**

**6- 8 p.m. - slideshow and group dinner** with Rinpoche at Viet Herald  
(slideshow to introduce Garchen Rinpoche and the Garchen Institute - Rinpoche's center- in Arizona, the Southwest Buddhafield Endowment, Rinpoche's lifestories, aspirations and projects)

LOCATION: **VIET HERALD**, 14861 MORAN STREET, WESTMINSTER, CA 92683

(all activities will be held at VIET HERALD except for private audiences on March 24-25, 2011  
please contact Mai Thy 714-443-1210 for location)

\*\* WE WELCOME YOUR KIND SUPPORT! Any donation is welcome to help pay for the event and related expenses.

\*\* Donation checks can be sent to: **Viet Nalanda Foundation**, 112 Stanford Court, Irvine, CA 92612

\*\* To schedule for a **private audience**, please contact Pauline at 310-638-3827 or email [dkimphung@yahoo.com](mailto:dkimphung@yahoo.com).

\*\* To sign up for **group dinner**, please contact Sue-Sue at 949-923-0039 or email [suesueluu@yahoo.com](mailto:suesueluu@yahoo.com).

(Suggested donation for dinner: \$15/person. All proceeds will be offered to Garchen Rinpoche's Projects)

FOR MORE INFORMATION, please visit [www.vietnalanda.org](http://www.vietnalanda.org)